

# **Connected East Kilbride: A Space to Talk**

## Tuesday 17th June 2025 11am-1pm, Kilbryde Hospice Atrium, G75 8GJ

### Healthy & Active in EK

Healthy & Active in East Kilbride is a community focused organisation offering health and wellbeing services, a community hub, mobility services and activities that support people of all ages, backgrounds, and abilities to make positive changes to their lives.

### **Kilbryde Hospice**

Kilbryde Hospice is committed to excellence in the provision of compassionate care for patients and their loved ones facing life limiting illness. We aim to add quality and meaning to their lives.

### Citizens Advice Bureau (CAB)

CAB offer free, confidential, impartial support & advice around issues such as financial or legal problems, benefits, employment, housing and immigration.

### Home Energy Scotland

Home Energy Scotland offers free, impartial advice on energy saving, keeping warm at home, renewable energy, greener travel, cutting water waste and more.

### **Routes to Work**

Routes to Work Support unemployed individuals in South Lanarkshire to access further education, training and employment.

#### VASLan

As the Third Sector Interface (TSI) for South Lanarkshire, VASLan provides a range of support to volunteers and voluntary organisations, as well as maintaining Locator (<u>www.locator.org.uk</u>), a directory that raises the profile of local third services that help to improve health and wellbeing, reduce social isolation and benefit communities.









IN EAST KILBRIDE

